

Cerebral perfusion disturbances in traumatic brain injury: A preliminary study about direct and indirect effects on memory and psychoemotional outcome

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ABSTRACT

Purpose: To investigate possible associations between hemodynamic changes and psychoemotional/cognitive status in patients with chronic traumatic brain injury (TBI).

Methods and Materials: Dynamic Susceptibility Contrast Magnetic Resonance Imaging (DSC MRI) perfusion technique was applied to 22 patients with chronic TBI and 21 healthy volunteers. Patients were divided into moderate/severe and mild TBI groups, according to clinical syndromes, and administered episodic memory tests and self-report measures of anxiety and depression symptoms. Cerebral blood flow (CBF) and cerebral blood volume (CBV) values were measured in normal appearing white matter (NAWM) and normal appearing deep gray matter (NADGM) regions bilaterally, including those involved in episodic memory and psychoemotional status.

Results: The two TBI subgroups differed significantly on episodic memory indices. Significantly reduced CBV and CBF values were detected in the moderate/

severe TBI group compared to controls ($p < 0.001$) in bilateral temporal, right frontal and left parietal NAWM and the semioval center. Perfusion reduction in the mild TBI group reached significance, compared to controls, only in the left temporal WM ($p < 0.002$). Substantial negative correlations were found between depression/anxiety scores and CBV values in the mesial temporal lobes (MTL) bilaterally. Mediated regression models indicated that the effect of reduced CBV in the right MTL on verbal episodic memory was mediated by increased anxiety symptomatology.

Conclusion: Patients with moderate/severe chronic TBI displayed widespread reductions in NAWM CBF and CBV. However, only MTL reduced CBV was associated with verbal episodic memory deficits and increased psychiatric symptomatology. Mediated regression results were consistent with indirect effects of reduced CBV on episodic memory capacity through increased anxiety symptoms.



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KEY WORDS

traumatic brain injury (TBI); MRI; perfusion imaging; Cerebral blood flow (CBF); neuropsychological testing; memory

1. Introduction

Traumatic brain injury (TBI) is a worldwide problem that results in death and disability for millions of people every year, while over 50% of patients experience chronic neurological deficits and cognitive and functional impairment [1,2]. It is postulated that functional deficits after TBI are partly related to traumatic injury of the neurovascular unit (NVU) -the micro- network that regulates blood flow, vascular permeability and angiogenesis in the central nervous system (CNS) - caused by BBB disruption, edema and focal tissue hypoxia [3-5]. If NVU is not rapidly restored, further local injury is induced [4] with ongoing hypoperfusion and neurodegeneration [5, 6]. These processes apparently take place not only following severe TBI, but, also, after moderate or mild chronic TBI patients [7].

Conventional MRI (i.e., T1SE, T2TSE, FLAIR and GRE sequences), although very sensitive for the detection of TBI lesions, fails to reveal the true extent of structural and functional damage and commonly underestimates Diffuse Axonal Injury (DAI) and atrophy [8]. On the contrary, advanced MRI techniques (i.e, Diffusion Tensor Imaging, perfusion imaging and functional MRI) provide more accurate tools to measure and monitor neurovascular integrity and function, aspiring to improve the understanding of TBI pathophysiology and influence rehabilitation planning in chronic TBI patients [9-12]. In particular, perfusion MRI provides accurate quantitative hemodynamic indices, such as Cerebral Blood Flow (CBF) and Cerebral Blood Volume (CBV), non invasively, and has been proven a valuable tool for both clinical diagnosis and intervention planning [13-16]. Recent Arterial Spin Labeling (ASL) MR perfusion studies have reported widespread reduction in CBF in both normal appearing white matter (NAWM) and normal appearing deep gray matter (NADGM) of acute and chronic TBI patients, indicating diffuse vascular damage and global ischemia [17-23]. Dynamic susceptibility contrast (DSC) MR perfusion imaging allows the assessment of cerebral hemodynamics, by estimating tissue concentration versus time curves after bolus injection of intravascular contrast agents [24-27] and has been used successfully to detect and quantify regional perfusion in acute and chronic TBI [28-30].

An important step in determining the clinical significance of regionally reduced hemodynamic activity entails establishing associations between localized defects on imaging and injury severity, as well as performance on specific cognitive tasks. Published studies directly assessing measures of cerebral blood flow/volume and/or metabolism and cognitive outcomes in sufficiently large samples of TBI patients are scarce. Wiedmann et al. [31] were among the first to document associations between SPECT-CBF abnormalities in the temporal lobes and memory deficits in 16 chronic TBI patients. Umile et al. [32] reported a qualitative link between presence of memory deficits and reduced blood flow/metabolism (using PET or SPECT) in the temporal lobes in the sub-acute phase post mild TBI in 20 patients. Interestingly, several patients demonstrated abnormal findings in PET/SPECT accompanied by cognitive deficits in the absence of structural MRI abnormalities. It should be noted, however, that other studies have failed to identify relations between regional cerebral metabolism (PET) [33] or regional cerebral blood flow (SPECT) [34] and cognitive performance in chronic TBI patients.

CBF measurements in the chronic phase post TBI may serve as an indicator for the mechanism underlying cognitive impairment, as well as for the comprehension of the pattern and degree of neural and/or functional recovery. Sometimes, however, neuroimaging findings are further complicated by failure to take into account frequently occurring psychoemotional difficulties, such as symptoms of depression and anxiety [35]. Such changes may be secondary to physical disability and/or cognitive deficits that affect functionality and post-injury adaptation [36]. An alternative, albeit non-mutually exclusive, account implicates direct effects of neuronal changes in brain regions involved in the generation and/or regulation of emotional states and responses. These regions include the mesial portion of the temporal lobe [37], the dorsolateral prefrontal cortex [38], and the anterior section of the cingulate gyrus [23, 39]. In this context, altered brain function in specific key regions may cause both cognitive and emotional changes, with the latter further impacting the patient's capacity to perform demanding cognitive tasks [40, 41].

Table 1. Clinical, demographic and neuropsychological information on the patients

	N/Mean ± SD	Range
Gender		
Men	20	
Women	2	
TBI Severity		
Mild	8	
Moderate	8	
Severe	6	
Trauma type		
MVA	14	
Fall	8	
Age (years)	37.6 ± 13.6	21 to 69
Education (years)	11.18 ± 4.3	1 to 20
Months post injury	31.3 ± 14.4	13 to 72
GCS	10.7 ± 3.4	3 to 15
Digits Forward (z)	-0.18 ± 1.2	-3.1 to 2.1
Digits Reverse (z)	-0.72 ± 1.1**	-3.2 to 0.9
PM-Immediate	-1.11 ± 1.0†	-3.1 to 0.7
PM-Delayed	-1.4 ± 1.3†	-3.8 to 0.8
PM-Retention	-1.6 ± 2.7**	-6.8 to 3.6
PM-Recognition	-2.17 ± 2.7†	-6.4 to 1.2
TCF-copy	0.02 ± 1.1	-1.2 to 1.1
TCF-Memory	-0.74 ± 1.3**	-2.9 to 2.2
CESD	20.3 ± 16.2	2 to 57
STAI-B (Trait Anxiety)	41.2 ± 13.7	21 to 66

Abbreviations; GCS: Glasgow Coma Scale, CESD: Center for Epidemiological Studies Depression scale, STAI-A: State-Trait Anxiety Inventory Form Y, GAMA: General Ability Measure for Adults, MVA: Motor Vehicle Accident, TCF: Taylor Complex Figure Test. **Note;** Significant difference from age -and education- adjusted population mean: ** $p=0.01$, † $p=0.001$

The chief goal of the present preliminary study was to explore the association between hemodynamic disturbances in TBI patients and injury severity, predicting a progressive reduction in CBF and CBV between patients in the chronic phase post mild TBI and chronic moderate/severe TBI patients. A secondary goal was to investigate the functional significance of perfusion changes detected in TBI patients by examining the pattern of associations between perfusion indices and episodic memory capacity, in view of extant data on memory dif-

ficulties in chronic TBI patients [42, 43]. Both direct and indirect effects (through psychoemotional variables) of perfusion on episodic memory indices were examined via mediated regression analyses. These models attempted to account for commonly reported, co-occurring cognitive deficits and psychoemotional difficulties among TBI patients.

2. Material and Methods

2.1 Subjects

Patients with a history of TBI were recruited through the medical records of Neurosurgery Clinic of the University Hospital of Heraklion-Crete. To be included in the study, patients had to be between 20 and 70 years, and have a history of non-penetrating TBI, at least one year before, without neurosurgical intervention. Potential participants were excluded if they had a prior history of pre-morbid neurological or psychiatric disease, current history of substance abuse, or if they were currently receiving psychoactive medications other than anticonvulsants.

The final sample included 22 patients (M/W=20/2), aged 37.6 ± 13.6 years (range 21 to 69) who had sustained TBI on average 31.3 ± 14.4 months ago (range 13 to 72 months) (Table 1). Head injury severity was assessed using the Glasgow Coma Scale (GCS) after resuscitation at the time of injury and patients were initially categorized into mildly, moderately and severely injured subgroups [44]. In order to increase subgroup size for subsequent perfusion analyses, patients were reassigned to two TBI severity groups: Mild ($n=8$) and moderate/severe ($n=14$). The two TBI severity subgroups were comparable on age, education, and time post injury ($p>.3$).

Hemodynamic data from 21 healthy controls (4 men and 17 women, mean age= 35.5 ± 6.2 years) were also obtained for comparison. The study was approved by the University Hospital Ethics Committee and written informed consent was obtained from all patients, after being briefed on study details.

2.2 Magnetic Resonance Imaging Acquisition and Data Analysis

Brain MRI examinations were performed on a clinical 1.5 T whole-body superconducting imaging system (Vision/Sonata, Siemens/Erlangen), equipped with high performance gradients (Gradient strength: 40mT/m, Slew rate: 200mT/m/ms) and a two-element circularly polarized

head array coil. The conventional imaging protocol was comprised of a 3D T1-w sequence (MPRAGE, TR 1,570/TE 1.73 ms, 160 axial slices), and contiguous 4 mm thick axial sections of a T2TSE (TR/TE=5,000/98 ms), a TURBO-FLAIR (TR/TE/TI=9,000/120/2,600 ms) and a T2*GRE (TR/T*=615/24 ms) sequence.

The T2* DSC-MRI was performed utilizing a 2D single shot multislice Gradient Echo Echo Planar Imaging (GREEPI) sequence (TR/TE/FA: 1,500 ms/40 ms/30°, BW: 2,442 Hz/pixel, Echo spacing: 0.47 ms and Echo Planar Imaging (EPI) factor 64). Twenty consecutive slices of 4 mm slice thickness and 1.5 mm interslice gap with 50 dynamic acquisitions were obtained. Immediately after the end of the fifth dynamic acquisition, a bolus of 0.1 mmol/kg body weight of gadobutrol (Gadovist, Schering AG, Germany) was injected intravenously, at an injection rate of 4 mL/sec immediately followed by a bolus injection of 15 mL of saline at the same rate. Post processing of the perfusion data was performed using a dedicated software (NordicNeuroLab AS, Bergen, Norway). The arterial input function was calculated by manually defining a major artery (usually MCA) and parametric maps of relative CBV and CBF values were automatically created.

Chronic posttraumatic lesions were identified on T2, FLAIR and GRE sequences and categorized by lobe (frontal, temporal, parietal) and type (contusion or DAI).

CBV and CBF values of NAWM and NADGM areas were calculated in two partially overlapping series of regions. One set comprised 20 sections of the brain including NAWM in the periventricular region, semioval center, forebrain (in the frontal, parietal, temporal, and occipital lobes), splenium and genu of the corpus callosum, and NADGM in the thalami, putamen, and caudate nuclei. In order to enhance measurement fidelity, three CBV and CBF measurements were obtained from each of the different NAWM and NADGM areas, which were then averaged. Two measurements were obtained from each caudate nucleus, due to its small size. All ROIs were fixed in size (radius of 2 mm) and were placed at the bolus peak of the GRE EPI images, which show the vessels to better advantage and thus vascular structures were avoided. From the GREEPI images, ROIs were automatically transferred to the CBV and CBF maps. In order to compare between different subjects, the calculated relative CBV and CBF values were normalized for each patient with respect to the respective values of the cerebellum WM.

A second set of CBV and CBF measurements were ob-

tained in the NAWM of seven sublobar Regions of Interest (ROIs) in each hemisphere, which are suspected to play a key role in the brain circuits responsible for episodic memory and emotional processes, including anxiety and depression: Anterior and mesial temporal lobe (BA 20,36,38), inferior (BA44/45/47), middle (BA46/9), and superior frontal gyri (BA 8/9), inferior parietal lobe (BA 39), and cingulate gyrus (BA32).

2.3 Neuropsychological and Psychoemotional Measures

Patients were administered a battery of neuropsychological tests primary targeting memory skills. Short-term and working verbal memory was assessed with the Memory for Digits Forward and Reverse subtests, respectively from the Greek Memory Scale (GMS) [45], adapted for research purposes in Greek [46]. Secondary verbal episodic memory was assessed with the GMS Passage Memory subscale and secondary visual episodic memory with the modified Taylor Complex Figure (TCF) test [47]. Normative data were available on a sample of 550 native Greek individuals aged 16-65 years stratified by educational level and geographical origin, permitting computation of age -and education- adjusted standard scores for six subgroups (16-38 and 39-60 years old with 0-9, 10-12 and 13+ years of formal education).

Psychoemotional variables (depression and anxiety self-ratings) were also assessed, using the Greek adaptations of the Center for Epidemiology Studies Depression Scale (CESD) [48] and the Spielberger Trait Anxiety Inventory (STAI-B) [49].

2.4 Statistical analysis

TBI subgroup comparisons on demographic, clinical and neuropsychological data were performed via one-way ANOVAs or Pearson chi-square tests for proportions, when appropriate (evaluated at $\alpha=0.05$, two tailed). Group differences on normalized, regional perfusion values were assessed using one-way ANOVAs, separately for each brain section and ROI. All tests were evaluated at a Bonferroni-adjusted $\alpha=0.05/20$ (brain sections)=0.0025, or $\alpha=0.05/14$ (ROIs)=0.0035, accordingly. Group served as the between subjects variable with three levels: Controls ($n=21$), Mild TBI ($n=8$), Moderate/Severe TBI ($n=14$).

Associations between perfusion measures and clinical, cognitive, or psychoemotional variables were assessed through Pearson correlation coefficients for the entire

Table 2. Individual demographic, clinical, imaging and neuropsychiatric data for TBI patients

Age (years)	Education (years)	GCS	TBI Group	Duration (months)	Lesion	Neuropsychiatric impairment
45	17	14	Mild	22	RT frontotemporal contusion	Episodic memory (delayed)
42	8	12	Moderate	35	RT frontotemporal contusion	Episodic memory (immediate/delayed), executive, anxiety, depression
21	13	13	Mild	23	Bilateral temporal contusion	anxiety, depression
30	6	10	Moderate	48	RT parietal, bilateral frontal DAI	Episodic memory (immediate/delayed)
58	10	13	Moderate	24	none	Episodic memory (immediate/delayed)
36	13	12	Moderate	23	Bilateral frontal contusion, RT frontal DAI	Executive
23	10	7	Severe	26	Bilateral frontal contusion, RT frontal DAI	Episodic memory (immediate/delayed), anxiety
29	11	12	Mild	15	Bilateral frontal DAI	Executive
40	12	14	Mild	50	LT temporal contusion	anxiety
38	16	7	Severe	25	LT temporo-occipital contusion and DAI, RT temporal and CC DAI	Episodic memory (immediate/delayed)
23	12	6	Severe	18	LT frontal DAI	Episodic memory (immediate/delayed), executive
48	16	15	Mild	26	LT temporal & bilateral frontal contusion	Episodic memory (delayed)
40	20	3	Severe	33	none	none
53	1	12	Moderate	57	LT frontotemporal contusion, bilateral frontal DAI	Episodic memory (immediate/delayed), executive
29	10	11	Moderate	31	none	Episodic memory (immediate/delayed), executive
26	9	4	Severe	13	none	Episodic memory (immediate/delayed), executive
59	8	13	Mild	33	none	none
22	14	8	Severe	27	LT Frontoparietal DAI	Episodic memory (immediate)
29	13	11	Moderate	24	Bilateral frontal & LT temporal DAI	Episodic memory (delayed)
69	6	13	Mild	23	LT temporal contusion	anxiety
23	7	13	Mild	72	none	none
44	14	12	Moderate	42	none	Episodic memory (delayed), executive, depression

Table 3. Perfusion (CBF and CBV) differences between controls and TBI subgroups in NAWM

CBF	F	p	η^2	C>Mild	C>Mod/Severe
Temporal (L)	12,657	0.000	0.388	0.001*	0.0001*
Temporal (R)	6,586	0.003	0.248	0.014	0.002*
Frontal (R)	8,310	0.001	0.294	0.005	0.001*
Parietal (L)	8,002	0.001	0.286	0.025	0.0001*
Semioval Center (L)	7,861	0.001	0.282	0.006	0.001*
Semioval Center (R)	8,428	0.001	0.296	0.003	0.001*

CBV	F	p	η^2	C>Mild	C>Mod/Severe
Temporal (L)	12,010	0.000	0.375	0.005	0.0001*
Temporal (R)	7,334	0.002	0.268	0.02	0.001*
Frontal (R)	8,847	0.001	0.307	0.006	0.0001*
Periventricular (R)	9,983	0.000	0.333	0.014	0.0001*

* Significant at Bonferroni-corrected $\alpha = 0.002$. L/R: Left and Right hemispheres, respectively

group of TBI patients. With the exception of anxiety and depression scores all other neuropsychological measures were converted to age- and education- adjusted z scores based on Greek population norms.

Finally, mediated regression models assessed (a) direct effects of perfusion on episodic memory indices and (b) indirect effects of psychoemotional status as mediators in the relationship between perfusion and memory skills. The basic mediated regression model is illustrated in **Fig. 4**. We used SPSS macros developed by Hayes (2013; model 4) to assess simple mediation effects. The M (mediator) variable (CESD or STAI-B raw score) was estimated as a function of normalized CBF or CBV value (X) in a given ROI plus an appropriate intercept using the following equation:

$$M = i_M + \alpha X + e_M \quad (\text{Eq 1})$$

Individual scores on the outcome variable Y (raw episodic memory score) were estimated as the sum of the corresponding intercept i_Y , the direct effect of the perfusion measure on Y controlling for any indirect effects (c'_1) and the indirect effect of the perfusion measure on Y according to the following equation:

$$Y = i_Y + c'_1 X + bM + e_Y \quad (\text{Eq 2})$$

The multiplicative term bM was computed by multi-

plying the α and b paths. The program generates bootstrapped confidence intervals for all direct and indirect effects, thus reducing the impact of potential normality violations on significance testing. All statistical analyses were performed with SPSS version 20 (SPSS Inc., Chicago, IL, USA).

3. Results

3.1 Cognitive and psychoemotional profiles

As shown in Table 1, patients as a group performed significantly below age- and education- adjusted population means on Digits Reverse, Immediate and Delayed Passage recall and recognition, and TCF-Memory scores.

The two TBI severity subgroups differed significantly on episodic memory indices (Passage Memory Immediate recall, $F[1,21]=9.13$, $p=0.007$, $\eta^2=0.325$, Passage Memory Delayed recall, $F[1,21]=10.58$, $p=0.004$, $\eta^2=0.358$, and Passage Memory Recognition, $F[1,21]=6.39$, $p=0.02$, $\eta^2=0.252$). Although patients with moderate/severe TBI had the tendency to report higher frequency of depression and anxiety symptoms than patients following mild TBI, this difference did not reach significance ($p>0.13$).

Table 2 presents individual patient data on the location of MR-detectable anatomic abnormalities, in rela-

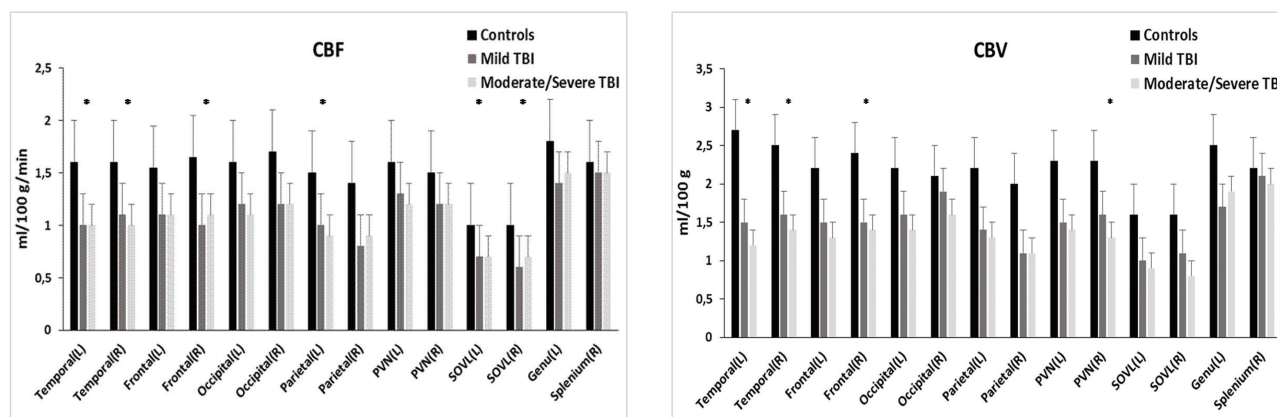


Fig. 1. Average CBF (Fig. 1a, left) and CBV values (Fig. 1b, right) in NAWM sections measured in the present study in healthy volunteers and patients with mild or moderate/severe TBI. Error bars indicate standard deviation. Abbreviations; L: Left and R: Right hemisphere, PVN: Periventricular, SOVL: semioval center

tion to significant cognitive deficits or psychoemotional difficulties (as defined by scores in excess of 1.5 SD below the respective age- and education-adjusted population means). Episodic memory deficits (on immediate and/or delayed recall and recognition measures) were noted in 63.6% of patients and working memory deficits in 36.4%, whereas significant symptoms of depression and/or anxiety were reported by 27.3% of patients.

Mild TBI patients are less likely to experience cognitive deficits spanning more than one domain. The two groups (mild vs. moderate/severe TBI) were largely comparable on the presence of structural abnormalities (cerebral contusion or DAI in the temporal and frontal lobes; $p > 0.5$ for all comparisons).

3.2 Comparison between controls and

TBI subgroups on perfusion measures

Main effects of Group on CBF measured in the 20 NAWM and NADGM areas meeting the Bonferroni-corrected alpha level of 0.003, were found in the temporal lobe WM and semioval center bilaterally and also in the right frontal and left parietal WM (Table 3, Fig. 1a). Significant group main effects on CBV were found in the temporal lobe, bilaterally, and in the right frontal and periventricular WM (Table 3, Fig. 1b). There are no significant group main effects on CBV or CBF of NADGM areas.

In all cases the linear trend was also significant ($p > 0.001$) in the absence of a significant quadratic trend ($p > 0.05$), suggesting a progressive decrease of perfusion between controls, mild, and moderate/severe groups. Although TBI subgroup sizes were too small to substantiate

differences between the two TBI subgroups, pairwise comparisons supported this hypothesis by revealing significantly reduced perfusion measures in the moderate/severe group compared to controls ($p < 0.001$ in all cases). Conversely, perfusion reduction in the mild TBI group compared to controls reached significance at the Bonferroni-corrected alpha level of 0.002 only in the left temporal WM.

Additional perfusion measurements targeting WM in the sublobar regions known to be involved in episodic memory and psychoemotional status, shown group main effects and corresponding linear trends ($p < 0.001$) for CBF in medial temporal and cingulate WM bilaterally, and in the right anterior temporal and middle frontal regions (Table 4, Fig. 2a). Group main effects on CBV were more widespread as they were found, additionally, in the angular gyrus, bilaterally and further in the right inferior frontal gyrus (Table 4, Fig. 2b). Pairwise comparisons revealed significantly ($p < 0.002$) reduced CBF and CBV in controls compared to the moderate/severe TBI group in all regions. Reduced perfusion in mild TBI vs. controls was restricted to a single region (right IFG) for CBV.

3.3. Correlations between MRI measures and clinical variables

Pearson correlations further suggested that CBF in the left MTL ($r = 0.500$, $p = 0.021$) and nearby ATL ($r = 0.478$, $p = 0.028$) increased with time post injury across TBI subgroups (CBV in these regions and either perfusion measure in predefined WM sections did not correlate signif-

Table 4. Perfusion (CBF and CBV) differences between controls and TBI subgroups: ROI analyses

CBF	F	p	η^2	C>Mild	C>Mod/Severe
ATL (R)	7.52	0.001	0.278	0.039	0.0001*
MTL (L)	8.41	0.001	0.301	0.006	0.001*
MTL (R)	10.42	0.0001	0.348	0.035	0.001*
MFG (R)	8.86	0.001	0.313	0.043	0.0001*
Cingulate (L)	9.87	0.0001	0.317	0.028	0.0001*
Cingulate (R)	9.28	0.0001	0.330	0.024	0.0001*

CBV	F	p	η^2	C>Mild	C>Mod/Severe
ATL (R)	9.77	0.0001	0.278	0.004	0.002*
MTL (L)	7.77	0.001	0.285	0.02	0.001*
MTL (R)	10.16	0.0001	0.343	0.005	0.002*
IFG (R)	12.70	0.0001	0.394	0.002*	0.0001*
MFG (R)	10.83	0.0001	0.357	0.004	0.001*
Cingulate (L)	9.36	0.0001	0.319	0.021	0.0001*
Cingulate (R)	7.85	0.001	0.282	0.017	0.001*
Angular (L)	8.53	0.001	0.300	0.008	0.002*
Angular (R)	6.55	0.003	0.247	0.025	0.002*

* Significant at Bonferroni-corrected $\alpha = 0.002$

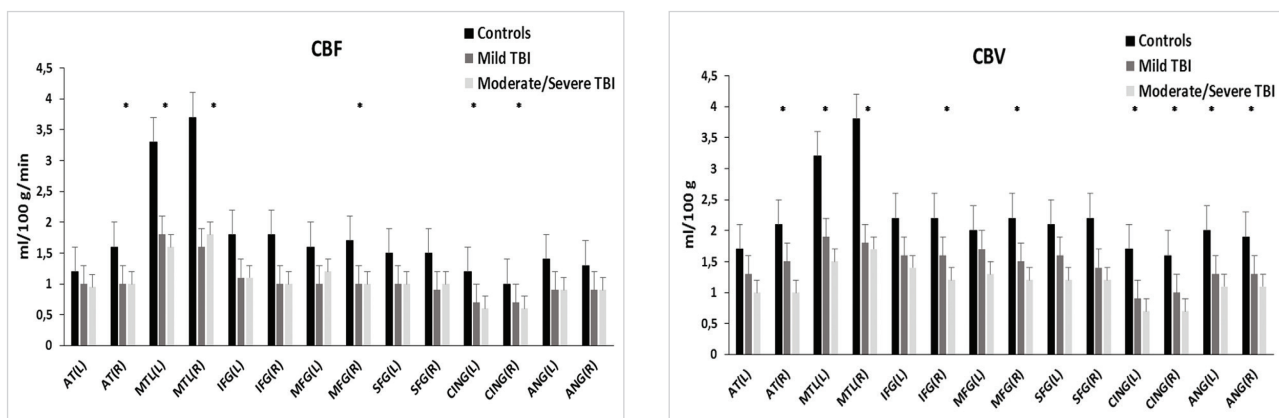


Fig. 2. Average CBF (**Fig. 2a, left**) and CBV values (**Fig. 2b, right**) in 14 sublobar NAWM ROIs measured in the present study in healthy volunteers and patients with mild or moderate/severe TBI. Error bars indicate standard deviation. Abbreviations; L: Left and R: Right hemisphere, AT: Anterior temporal lobe, MTL: Mesial Temporal Lobe, IFG: Inferior Frontal gyrus, MFG: Middle Frontal gyrus, SFG: Superior Frontal gyrus, CING: cingulate gyrus, ANG: Angular gyrus

Table 5. Pearson correlation coefficients between verbal episodic memory, depression/anxiety ratings and CBV in medial temporal NAWM in the left (L) and right (R) hemispheres

	CESD	STAI-B	PM Immediate Recall	CBV MTL (R)	CBV MTL (L)
PM Immediate Recall	-0.429 *	-0.544 **	1		
CBV MTL (R)	-0.537 **	-0.655 **	0.396	1	0.768 **
CBV MTL (L)	-0.449 *	-0.517 *	0.232		1
TL contusion (R)	0.563 **	0.380	-0.221	-0.192	-0.246
TL Contusion (L)	0.039	0.227	-0.146	-0.196	-0.305
TL DAI (R)	-0.248	-0.037	-0.041	-0.029	-0.159
TL DAI (L)	-0.309	-0.126	0.179	0.068	-0.011

* $p=0.05$, ** $p=0.01$. PM: Passage Memory (Immediate Recall); TL: Temporal lobe; DAI: Diffuse axonal injury; MTL: Medial temporal lobe

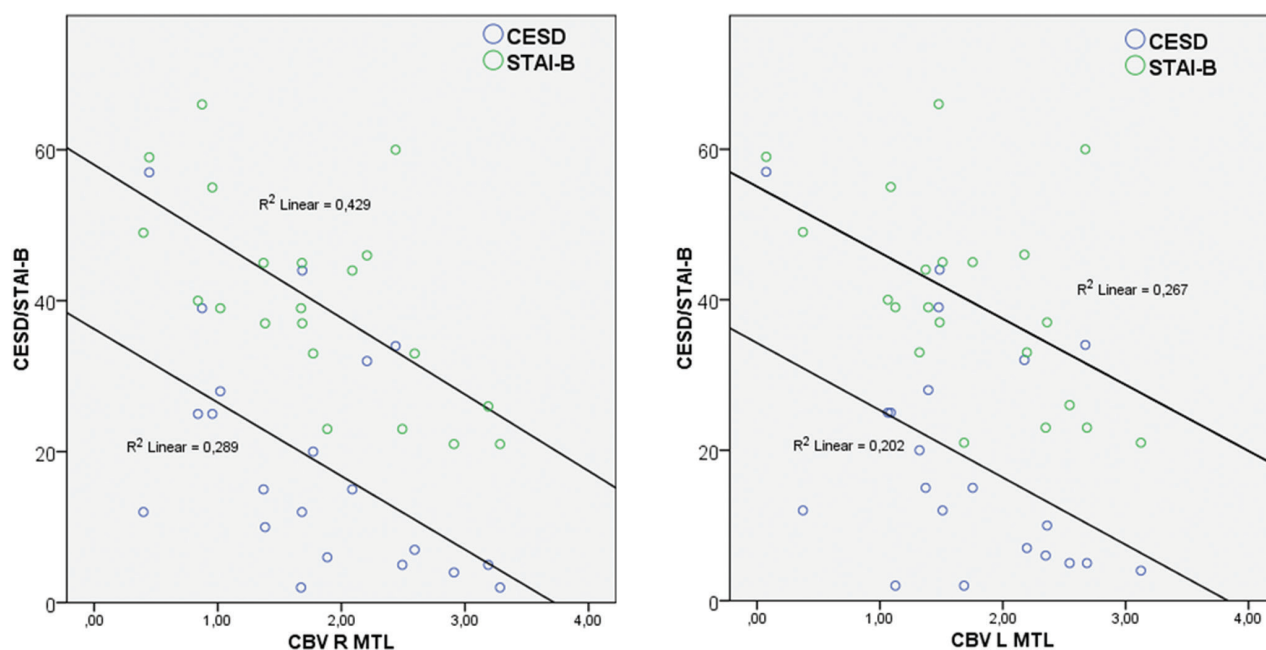


Fig. 3. Bivariate regression scatterplots of depression (CESD) and anxiety (STAI-B) symptomatology over CBV values in the right medial temporal lobe (MTL; right-hand panel) and the left MTL (left-hand panel)

icantly with clinical variables). GCS did not correlate significantly ($r < 0.25$) with CBF, CBV or with the type (contusion/DAI) and lobe (temporal/frontal in each hemisphere) of structural abnormalities.

3.4. Correlations between perfusion measures and psychoemotional/cognitive status

Weak correlations were found among CBV values in the MTL bilaterally and the MRI-detectable lesions (Table 5).

Substantial negative correlations were found between depression/anxiety scores and CBV values in the MTL, bilaterally (Table 5) indicating that higher CBV values were associated with lesser intensity/frequency of psychoemotional symptoms. These moderate/strong linear associations are illustrated in Fig. 3.

As shown in Table 5, however, psychoemotional variables also correlated significantly with episodic memory scores (immediate recall of Story B) although the bi-

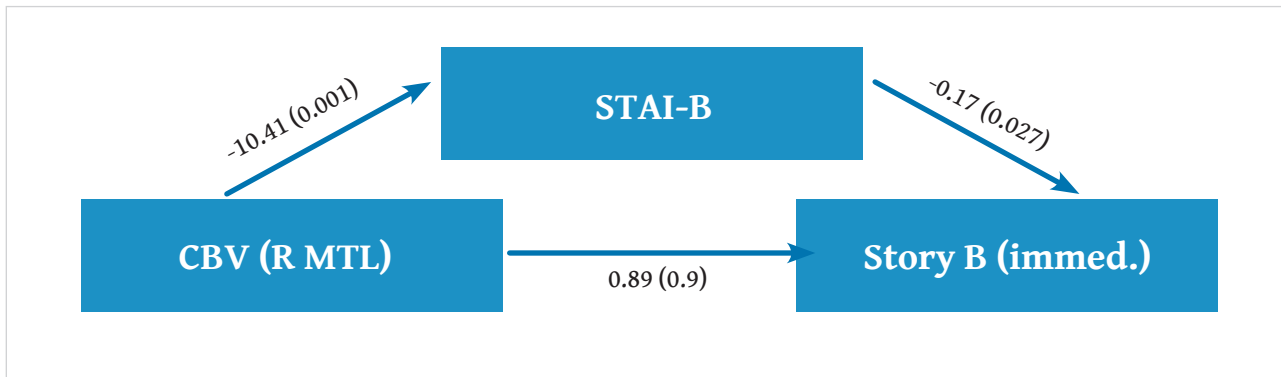


Fig. 4. Schematic illustration of the mediated regression model describing the associations between CBV in the right hemisphere MTL (R MTL), anxiety symptomatology (STAI-B scores), and verbal episodic memory capacity (immediate recall of Story B of the Passage Memory subtest). Numbers indicate unstandardized regression coefficients (bootstrapped p values in parentheses)

variate, zero-order correlation between the latter and Right MTL CBV was weaker. The possibility of indirect effects of perfusion disturbance on episodic memory through elevated psychoemotional symptoms was further explored in mediation regression analyses, predicting episodic memory raw scores from CBV via CESD or STAI-B scores. The model tested is illustrated in **Figure 4** which displays unstandardized regression coefficients for direct effects and corresponding p values in parentheses. Importantly, whereas the direct effect of CBV on memory was not significant, the indirect effect reached significance ($b=1.74$, $SE=0.962$, $CI=0.146$ to 3.94 , $z=2.036$, $p=0.042$) supporting the hypothesis that elevated anxiety symptoms were directly associated with reduced CBV in the right MTL, which in turn resulted in suppressed capacity to memorize verbal material for subsequent recall. The indirect effect remained significant after controlling for the presence of cerebral contusion or DAI in the right temporal lobe.

3.5. Correlations between structural abnormalities and psychoemotional/cognitive status

Whereas correlations between structural MRI abnormality indices and cognitive variables did not exceed $r=-0.25$ ($p>0.3$), significant positive associations were found with psychoemotional status. In particular presence of contusion in the right temporal lobe was a significant predictor of CESD score ($r=0.563$, $p=0.01$). The association between right temporal contusion and anxiety did not reach significance ($r=0.380$, $p=0.09$).

Multiple regression analyses with CESD as the dependent variable, revealed that right MTL CBV ($\beta= -0.527$, $t=$

-2.605 , $p=0.021$) and right temporal contusions ($\beta=0.460$, $t= -2.332$, $p=0.040$) made significant independent contributions to CESD scores ($R^2=0.402$, $SE=13.05$, $p=0.016$). Conversely right MTL CBV remained a significant predictor of STAI-B scores after controlling for presence of contusion in the right temporal lobe ($R^2=0.390$, $SE=11.33$, $p=0.019$; $\beta= -0.613$, $t= -3.084$, $p=0.007$), whereas the contribution of contusions controlling for CBV did not reach significance ($\beta=0.05$, $p>0.8$).

Regression models, such as the one presented, in **Figure 4** failed to reveal significant mediation (by STAI-B or CESD scores) of the association between structural brain abnormalities and cognitive variables.

4. Discussion

Traumatic forces initiate a cascade of neurovascular responses and perfusion changes that play a significant role in the establishment of chronic TBI structural and functional abnormalities and the development of post-traumatic morbidity [3-5]. Neuroimaging studies have shown hypoperfusion acutely after TBI in humans [7, 17, 34, 50, 51] and experimental TBI in rats [52]. Several investigators have demonstrated cerebral blood flow (CBF) deficits in moderate to/severe TBI, weeks to years after trauma [19,20, 23] while regional hypoperfusion has, also, been reported in chronic mild TBI [18, 21, 22, 30, 53-62]. Global or regional hypoperfusion in the chronic phase is probably the result of imbalanced cerebrovascular autoregulation and damaged NYU. There is further evidence of posttraumatic venous damage, even at much lower stretching and shearing forces, that could cause impaired perfusion [63], especially in mild TBI.

Our perfusion results showing hypoperfusion in temporal, frontal, periventricular and semioval center WM of moderate/severe TBI patients and in particular temporal and frontal WM regions in the mild TBI group, are in agreement with perfusion abnormalities reported by other neuroimaging techniques. In the current study reduced perfusion was found, additionally, in temporal and frontal regions and the cingulate NAWM bilaterally, regions known to be involved in episodic memory, consistent with previous studies [19-23, 30, 56, 59, 60, 61, 64].

Earlier perfusion studies in chronic TBI, utilizing PET or SPECT, demonstrated several regions of hypoperfusion, particularly in the frontal and temporal lobes, which significantly correlated with neuropsychological or neurological [56-59, 62, 64-67]. Both of these imaging modalities involve radiation exposure and suffer from low spatial resolution, while, PET is, also, costly and difficult to use in clinical practice. ASL MR perfusion imaging studies have revealed similar changes in global and regional CBF in TBI patients across severity subgroups. Patients with chronic moderate-to-severe TBI have decreased regional perfusion in the thalamus, posterior cingulate and frontal cortex, while reduced CBF has also been found in mild TBI, in bilateral frontotemporal regions [18-23, 60].

The DSC MR perfusion technique has been widely used in clinical practice to obtain relative perfusion measurements in a variety of neurological diseases [15, 16, 68]. Its application in TBI patients may significantly contribute to the understanding of the pathophysiology of head injury, and potentially in identifying clinically relevant predictive markers of treatment effects. Using DSC-MRI widespread hypoperfusion has been shown in acute experimental TBI in rats [52] and in acute human moderate to severe TBI cases [29]. Reduced rCBF has also been reported in the cingulated gyrus, cuneus and temporal lobe in chronic mild TBI patients [30] and symptomatic sports-related concussion patients [6]. To our knowledge the current study is the first to report DSC-MRI results in chronic patients over a wide range of TBI severity. A progressive decrease of perfusion between controls, mild, and moderate/severe groups was noted, suggesting chronic microvascular changes that may underlie persistent post-traumatic symptoms or functional abnormalities without apparent neurological deficits.

Associations between reduced perfusion in the left temporal lobe and verbal memory decline found in the

present study are consistent with earlier findings establishing links between left temporal damage [69, 70] and reduced regional cerebral blood flow/metabolism [31, 32] with verbal memory deficits in TBI patients. Learning and memory difficulties are among the most common deficits observed in TBI and are often present even following mild TBI [42, 43]. Elevated levels of anxiety and depressive symptomatology are also common in TBI although the causes of such symptoms are still debated [71, 72]. The current data are consistent with a common neurophysiological substrate for both memory and psychiatric symptoms involving dysfunction of circuits comprised to a large extent by medial temporal lobe structures. Thus the left hippocampus and parahippocampal cortex are known to be critically involved in the acquisition of new verbal episodic memories. These structures serve a pivotal role in the consolidation of mnemonic traces [73, 74] through concurrent activity in lateral temporal neocortical regions. These regions are also key components of the medial limbic circuit which is crucial for the generation of emotional responses to external and internal stimuli and in the intrinsic regulation of emotions. Limbic dysfunction has been suggested as one of several neurophysiological correlates of depression [75]. Our findings concur with earlier results in highlighting a direct link between structural damage incurred in right temporal lobe and psychiatric sequelae of TBI (especially depression). In a similar vein, the significant bivariate correlations between bilateral MTL dysfunction (as indicated by reduced CBV) and both depression and anxiety symptomatology are not surprising. To our knowledge the indirect association between reduced left temporal lobe perfusion and verbal memory performance through increased psychiatric symptomatology has not been formally explored before. This model, however, is supported by growing evidence suggesting a causal link between depressive symptomatology and accelerated age-related cognitive decline [76, 77].

Studies establishing links between regional perfusion and psychiatric symptoms are limited. Recently, reduced CBF in the posterior hippocampus was found to be associated with increased depressive symptomatology among patients with chronic heart failure [78]. In TBI, however, the limited thus far investigations implicate structural prefrontal damage in the etiology of depressive symptomatology post TBI [35]. Associations between left temporal structural damage and anxiety symptoms

in chronic TBI have been reported by at least one study [79] consistent with the crucial role of mesial temporal structures (amygdala, hippocampus, parahippocampal gyrus) [80, 81].

The frequency of significant memory deficits among chronic mild TBI patients in our sample is higher than what is typically reported in previous studies and meta-analyses [82]. This could be related to contamination of the mild TBI subgroup by moderate TBI cases, a hypothesis further supported by the relatively high frequency of MR-detectable structural abnormalities among patients with GCS scores consistent with mild TBI.

Notably, measures of immediate verbal episodic recall were significantly related to perfusion measures and depression/anxiety symptoms, whereas delayed recall indices did not. Although the sensitivity of immediate episodic memory indices has been reported in neuropsychological studies of TBI [70, 83], the present results highlight the increased susceptibility of measures of the initial coding and retrieval of verbal information to anxiety and depression in TBI [84] and to a variety of other neuropsychiatric conditions [85, 86, 87]. Stronger links between measures of left MTL integrity and immediate (as opposed to delayed) verbal memory have also been reported in elderly persons with depression [88].

An important limitation of DSC-MRI in clinical practice is the relative rather than absolute quantification of CBF, due to lack of a reliable arterial input function (AIF) [89]. On the contrary, ASL perfusion MRI offers absolute quantification of CBF, without usage of contrast agent, but suffers from a low signal-to-noise ratio and has lower spatial resolution compared with DSC [90]. Similarly to others perfusion techniques, DSC-MRI has limitations in evaluating and interpreting post traumatic hypoperfusion, due to the strong association between CBF meas-

urements and cerebral metabolic demands. Thus, the observed CBF reduction may be the result not only of a primary vascular injury but of neuronal or axonal injury, as well, that reduce cerebral metabolic demand. Recent studies combining MRI with the Blood Oxygen Dependent (BOLD) signal in response to hypercapnia challenge provide more direct measures of cerebral vascular injury by assessing of cerebral vascular reactivity/reverse (CVR) [29]. Finally, this preliminary study has the limitation of the small sample, especially of mild TBI patients and the results should be interpreted with caution. Further perfusion and neuropsychological measurements in a larger number of chronic patients over a wide range of TBI severities may enhance the sensitivity of the method in detecting more subtle and complex associations between perfusion measurements and neuropsychiatric variables.

5. Conclusion

Despite the study limitations outlined above, our preliminary results highlighted robust and widespread reductions in both CBF and CBV in NAWM in the chronic phase after moderate/severe TBI. Smaller, yet detectable, were CBF/CBV reductions found among patients with mild TBI, in spite of the small size of this subgroup. The specificity of the present results is further attested by the anatomic plausibility of perfusion-behavior associations, identifying reduced perfusion in the MTL as the sole significant correlate of both verbal episodic memory deficits and increased psychiatric symptomatology. Finally, mediated regression analyses are consistent with complex models accounting for the emergence and parallel course of cognitive and psychoemotional sequelae of head trauma. **R**

Conflict of interest:

The authors declared no conflicts of interest.

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